# SCHWEIZER SKISCHULE





## Additional information on young children's lessons

#### Before the lesson

- The meeting place before the lesson and the collection point after the lesson is always the relevant ski school meeting point. Exceptions can be agreed with parents.
- Parents are requested to check their children's equipment (skis, bindings, boots), clothing (ski pants, jacket, gloves) and protective gear (helmet, ski goggles, sunglasses, tissues, etc.) to make sure it is fit for purpose and to apply appropriate sun protection (min. SPF 25).
- Parents are also requested to take their children to the toilet before the lesson begins.

#### Start of the lesson

- The children's ski instructor will inform parents and children about the day's programme at the start of the lesson. Day trips will be announced well in advance.
- Each group will be identified by the ski school's coloured sashes and vests and the children will carry a completed contact card with them (parents' mobile number).
- Children under the age of 6 can use the ski lifts free of charge and will receive their lift pass in the children's ski school.

#### Lessons

- The children and their needs, expectations and individual requirements are the focus of our activities. Our aim is to teach children how to ski safely, in a fun way that is appropriate for their age.
- The instruction is based on the latest findings and current teaching methods, educational and technical principles. Progress is recorded in the SWISS SNOW LEAGUE booklet and the children receive an attractive badge at the end of the skiing week.
- The lesson involves learning through play in an area specially cordoned off for the children and equipped with learning aids, such as magic carpets, children's ski lifts, carousel the SWISS SNOW KIDS' VILLAGES in Prodalp and Molseralp.



### Organisational matters

- In the lower children's classes (Blue League), the children's ski instructor does not leave the children's area without the consent of the Children's Supervisor.
- Ski lifts and chairlifts can only be used with the consent of the children's supervisor.
- The children will be told and instructed how the lift operates and how to behave on entry, during the journey and on exit.
- Children must never ride on a chairlift alone. The children's ski instructor will organise escorts for the children. If possible, parents accompany their children on the first trip.
- Children will never be left alone or unsupervised.
- Instructors will also monitor the children's physical well-being e.g. cold, wet, sun protection, equipment.
- In case of uncertainty, ask the children's ski instructor for advice. Children remain under supervision until they are collected by their parents.